



ABOUT THIS MODULE



STRUCTURED INTERDISCIPLINARY ROUNDS



STRUCTURED INTERDISCIPLINARY ROUNDS

What is the goal of this module?

This session will create a space for teams to discuss the use of structured interdisciplinary rounds (SIDRs) as a tool for communication, and they will draft a plan for how to best implement structured interdisciplinary rounds in the team's work practices.

What is the collective leadership focus of this module?

- **Cooperation and coordination between members**
- **Engagement of all team members**
- **Recognising and valuing contribution of others**
- **Mix of leadership and followership: People leading on topics where they have expertise and motivation**

What areas of team behaviour does this module focus on?

- **Enhanced collaboration**
- **Coordination and effective team working**
- **Cooperation between team members**

Who is this module for?

All team members.

What is the patient safety impact of this module?

SIDRs allow for better sharing of information between members of the interdisciplinary team, and give the patient a direct point of contact with all members of the team so they can be involved in their interdisciplinary care goals and decision making. The use of SIDRs can help with communication of patient management plans, increase inputs from the whole team, and improve clarity of tasks.¹

References

1. Cao V, Tan LD, Horn F, Bland D, Giri P, Maken K, Cho N, Scott L, Dinh VA, Hidalgo D, Nguyen HB. Patient-Centered Structured Interdisciplinary Bedside Rounds in the Medical ICU. *Crit Care Med.* 2018 Jan;46(1):85-92. doi:10.1097/CCM.0000000000002807.





Co-Lead

SESSION OUTLINE



**STRUCTURED
INTERDISCIPLINARY ROUNDS**



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SESSION OVERVIEW

- Purpose:** This session will create a space for teams to discuss the use of structured interdisciplinary rounds as a tool for communication.
- Timing:** 60 min.
- Setup:** Information > Group exercise > Facilitated discussion > Feedback
- Outcomes:** The participants will draft a plan for how to best implement structured interdisciplinary rounds in the team.
- Facilitators:** 1-2 team members to facilitate and host Zoom call; 1 team member to act as scribe throughout the virtual session- recording ideas, discussion points, and outputs.

ADVANCE PREPARATION

- Equipment:** Computer, stable internet connection Zoom account.
- Materials:** Discussion questions, handouts, and outcome templates can be shared with the team during the session using the screen share function in Zoom (<https://youtu.be/YA6SGQIVmcA>). The HANDOUTS should be sent to all participants in advance of the virtual session. One facilitator should designate 4-5 team members to become subgroup leaders during the session. These individuals will facilitate a discussion in subgroups and share the OUTCOMES TEMPLATE with their team (Step 4). The OUTCOMES TEMPLATE should be emailed to these subgroup leaders prior to the session
- Attendees:** All team members can participate remotely using the Zoom connection details. The facilitator should contact 1-2 attendees in advance of the session via email with a "secret note"(see step 3 below).





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START OF SESSION

1) Welcome and introduction (5 min.)

Introductions if new people are attending the session, recap of the aim of Co-Lead (aim to introduce Collective Leadership to healthcare teams to improve Safety Culture).

Give an update on any progress made on previous sessions (e.g. are any sub-teams working to implement or refine team decisions/outputs from previous sessions?).

Highlight the aim of today's session: To discuss how best to implement structured daily interdisciplinary rounds to facilitate communication between all members of the multidisciplinary team.

2) Icebreaker and discussion (10 min.)

Ask each member of the team to individually reflect on the following questions for one minute:

1. How do our patients benefit from good interdisciplinary work?
2. What barriers can limit good day-to-day interdisciplinary work in our team?

Facilitator then asks each team member to share one central point from their reflection with the whole group.

3) Introduction to structured interdisciplinary rounds (SIDR) (10 min.)

Explain that the team will be trying to introduce SIDR on the ward to reap these benefits and bypass some of the barriers. SIDRs allow for better sharing of information between members of the interdisciplinary team and gives the patient a direct point of contact with all members of the team so they can be involved in their interdisciplinary care goals and decision making.

Using the screen share option on Zoom, show the team the video "Awareness test" - <https://www.youtube.com/watch?v=Ahg6qcgoay4>

*(Be careful not to scroll down and reveal the video description, as that will ruin the exercise!)

Before showing the video, instruct the team to follow the video's instructions.

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Prior to the session, one facilitator should email 1 or 2 team members with a "secret note", instructing them to ignore the video's instructions completely and instead look out for what else happens. Pause the video at 23 seconds and ask the team how many passes they counted. After you hear their guesses, ask both individuals with the "secret note" to share what they saw (hopefully they saw a moonwalking bear!). Watch the rest of the video together until 55 seconds – "it's easy to miss something you're not looking for".

Let the team reflect for a moment on how the exercise relates to interdisciplinary team work.

Facilitators have sent the handout "Structured Interdisciplinary Rounds (SIDRs) - WHAT, HOW and WHY" to the team prior to the session. Give the team 5 minutes to read through this handout.

4) Group exercise (15 min.)

Using the breakout rooms function in Zoom (<https://youtu.be/jbPpdyn16sY>) split the team up into subgroups (preferably interdisciplinary groups). Ask each designated subgroup leader to use the screen share option in Zoom to share the OUTCOME template with other members. Ask the subgroups to discuss each of the following questions:

1. How might SIDRs benefit our patient care and daily work?
2. What challenges could we experience in implementing SIDRs in our daily work?
3. When, where and how often will our SIDRs take place?
4. Who will participate in the SIDRs?
5. How will SIDRs run in our team?
6. Choice of structured communication framework (ISDA/ISBAR/other?)
7. How and when will we evaluate the SIDRs?
8. What support/materials would we need to implement the SIDRs? (e.g. pocket cards, posters outlining SIDR goals and/or the communication framework, etc.)

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5) Facilitated discussion (20 min.)

The team will collectively discuss how the SIDRs should be implemented. The subgroup leaders feed back their groups' thoughts on each question, and the team collectively discusses and attempts to reach team consensus on each question.

Facilitator note: If there is team resistance to the SIDR, suggest a trial period. The team will then discuss how, when, how often, etc. the SIDR will take place, and how long the trial period should be. The team should agree on a plan for when and how the trial period is evaluated, and how the decision will be made on whether to implement the SIDR permanently. If there is insurmountable team resistance to trialing the rounds, discuss with the team how else to optimise interdisciplinary team work and - communication and/or how to improve current ward round practice.

Write down the discussion points and particularly any decisions made by the team on the shared outcome template.

6) Close of session (5 min.)

Finalise the outcome template with the team for use in future team meetings and in the implementation of the SIDRs. Give brief feedback on the session. Give the topic and date of the next Co-Lead session

